



## What will I be doing at RYLA?

RYLA continuously attracts a range of quality, entertaining and informative presenters. As an awardee you will have an amazing opportunity to interact and work closely with speakers who are leaders in their respective fields! RYLA is a challenging week, a program that provides a unique opportunity to develop leadership skills but to interact with a wide range of other people from different backgrounds, who are also enthusiastic about their self-development.

Seminars will be run throughout the week on a variety of topics including some or all of the following:

- \* Leadership
- \* Public Speaking
- \* Communicating with a Group - Leading a Discussion
- \* Conflict Management
- \* Motivation
- \* Personality Profiling – Valuing the Difference in People
- \* Anxiety vs Performance
- \* Job Preparation
- \* Money Matters
- \* Living the Life Extraordinary
- \* Communicating with the Media
- \* Stress Management and Relaxation
- \* Pushing through the Barriers
- \* Games and Games Leading
- \* Etiquette
- \* The Good Life and the Developing Adult
- \* Understanding issues related to Mental Health
- \* Looking Ahead
- \* Outdoors Day – putting theory into practice!
- \* A Summer Evening with Rotary Club members.

In addition to this challenging program, there are sessions that will allow you the opportunity to show each other what you can achieve together. Committees are formed for such things as the Campfire, Camp Concert, Media, Summers Evening, International Understanding and a Friendship Service. You may also need to be prepared for evening entertainment anything from drama to a hoe down bush dance with a live band!